



# Supplemental Security Income (SSI) in California

## What is SSI?

Supplemental Security Income (SSI) is a federal program that provides monthly payments to people who have limited income and few resources. SSI is for people who are 65 or older, as well as people of any age, including children, who are blind or have disabilities.

To qualify for SSI, you must also have little or no income and few resources. The value of the things you own must be less than \$2,000 if you're single or less than \$3,000 for married couples living together. We don't count the value of your home if you live in it, and, usually, we don't count the value of your car. We may not count the value of certain other resources either, such as a burial plot.

To get SSI, you must also apply for any other government benefits for which you may be eligible. You must live in the United States or the Northern Mariana Islands to get SSI. If you're not a U.S. citizen, but you lawfully reside in the United States, you may still be able to get SSI. For more information, read *Supplemental Security Income (SSI) for Non-Citizens* (Publication No. 05-11051).

The state of California adds money to the federal payment. The single payment you get at the beginning of each month includes both the federal SSI payment and your supplement from California.

## Medical assistance

If you get SSI, you can usually get medical assistance (Medi-Cal) automatically. A separate Medi-Cal application isn't necessary. If you have questions about Medi-Cal, contact your local county health or human services office.

## Supplemental Nutrition Assistance Program (SNAP) – also known as CalFresh

You may apply or recertify for CalFresh benefits at any Social Security office if all of the following apply:

- You are currently living in California.

- You are getting or applying for SSI.
- You live alone or in a household where everyone is either getting or applying for SSI.
- You are not already getting CalFresh benefits.
- You have not filed for CalFresh within the past 60 days.

You can use the online SNAP Pre-Screening Eligibility Tool at [www.fns.usda.gov/snap/recipient/eligibility](http://www.fns.usda.gov/snap/recipient/eligibility) to see if you may be eligible for SNAP. You may also call SNAP's toll-free line at **1-800-221-5689**. Visit [www.cdss.ca.gov/food-nutrition/calfresh](http://www.cdss.ca.gov/food-nutrition/calfresh) to apply for CalFresh, or for more details about the CalFresh program.

## Other social services

People who qualify for SSI are often eligible for additional programs and services provided by their local county health or human services office. These other services or benefits may include:

- A special allowance for assistance dogs for people who are blind or who have a disability.
- Certain domestic and personal care services provided to eligible people who are of advanced age, blind, or who can't perform the services themselves. These are people who can't safely remain in their own homes unless such services are provided.
- Protective services.

For more information, contact your local county health or human services office.

## Monthly SSI payment amounts

The table on the back of this page lists the combined federal and state payment amounts. Not all SSI recipients get the maximum amount. Your payment may be lower if you have other income.

Category	2022 Total Monthly Payment		
	Aged	With a qualifying disability	Blind
<b>Single people</b>			
Independent living status	\$1,040.21	\$1,040.21	\$1,110.26
Non-medical out-of-home care	\$1,365.77	\$1,365.77	\$1,365.77
Independent living status, no cooking facilities	\$1,147.20	\$1,147.20	N/A
Living in the household of someone else	\$764.25	\$764.25	\$834.30
Minor child with a disability		\$ 921.75	
Minor child with a disability in the household of another		\$ 645.79	
<b>Couples who are aged or who have disabilities</b>			
Independent living status	\$1,765.64		
Non-medical out-of-home care	\$2,731.54		
Independent living status, no cooking facilities	\$1,979.63		
Living in the household of someone else	\$1,351.85		
<b>Blind couples</b>			
Independent living status			\$1,952.88
Living in the household of someone else			\$1,539.08
Non-medical out-of-home care			\$2,731.54
<b>Blind person with a spouse who is aged or has a disability</b>			
Independent living status			\$1,881.55
Living in the household of someone else			\$1,467.76
Non-medical out-of-home care			\$2,731.54
<b>Living in a Medicaid Facility</b>			
Single people	\$56.00	\$56.00	\$56.00
Couple	\$112.00	\$112.00	\$112.00

## Contacting Social Security

The most convenient way to do business with us is to visit [www.ssa.gov](http://www.ssa.gov) to get information and use our online services. There are several things you can do online: apply for benefits; get useful information; find publications; and get answers to frequently asked questions.

When you open a personal *my* Social Security account, you have more capabilities. You can review your *Social Security Statement*, verify your earnings, and get estimates of future benefits. You can also print a benefit verification letter, change your direct deposit information, request a replacement Medicare card, get a replacement SSA-1099/1042S, and request a replacement

Social Security card (if you have no changes and your state participates). Access to your personal *my* Social Security account may be limited for users outside the United States.

If you don't have access to the internet, we offer many automated services by telephone, 24 hours a day, 7 days a week, so you do not need to speak with a representative. Call us toll-free at **1-800-772-1213** or at our TTY number, **1-800-325-0778**, if you're deaf or hard of hearing.

A member of our staff can answer your call from 8 a.m. to 7 p.m., Monday through Friday. **Wait times to speak to a representative are typically shorter Wednesdays through Fridays or later in the day.**



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Social Security Administration  
Publication No. 05-11125  
January 2022 (Recycle prior editions)  
Supplemental Security Income (SSI) in California  
Produced and published at U.S. taxpayer expense